

Utah's Disability Diversity: LGBTQ+ Community

For references, visit ceiutah.com/muldinet-utah

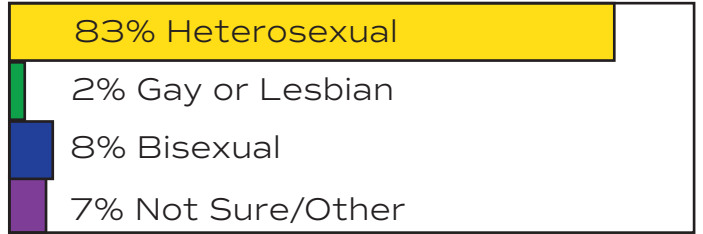
An estimated

8.8%

of **Utahan adults** report being part of the LGBTQ+ community.

(Census.gov, 2021)

Sexual Orientation of Adolescents in Utah:



(Utah DHHS, 2021)

60% of Utahans are members of the Church of Jesus Christ of Latter-Day Saints, which is a conservative Christian religion with beliefs **opposing LGBTQ+ relationships**.

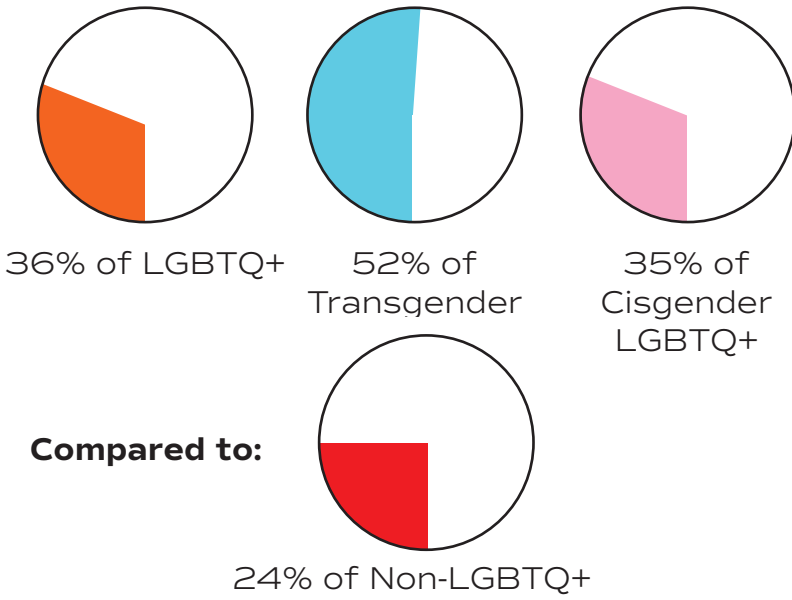


This cultural conflict creates a challenge for LGBTQ+ individuals to find **acceptance and inclusion** in their families and communities.

(McGraw et al., 2021)

Self-Reported Disability Rates of LGBTQ+ Adults in the U.S.

(Human Rights Campaign, 2020)



LGBTQ+ individuals with intellectual and developmental disabilities often experience

DOUBLE STIGMA



of being a person with a disability **AND** belonging to a sexual minority.

(Stanojević et al., 2023)

Research consistently finds that **LGBTQ+ individuals have higher rates** of mental health issues, substance use, and suicidal behaviors.

The difference is likely due to:



(Trust for America's Health, 2023)

When compared to heterosexual students, LGBTQ+ high school students were:

3x as likely to consider attempting suicide

3.7x as likely to attempt suicide

(Trust for America's Health, 2023)

Utah youth experiencing symptoms of **anxiety**:



Utah youth experiencing symptoms of **depression**:



(The Trevor Project, 2022)



Utahan LGBTQ+ individuals with disabilities have a unique challenge of finding **inclusive, accessible, and affordable** healthcare, disability, and other services.

(LGBT People with Disabilities)

Information shared in this infographic was reviewed by members of the LGBTQ+ community prior to publication.

