

Home and Community-Based Services Waivers: Factsheet & Resources - For Parents & Guardians



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HCBS Waivers

Home and community-based services (HCBS) waivers were introduced by The Centers for Medicare and Medicaid Services (CMS). HCBS waivers provide person-centered support to individuals with disabilities. The support is to be delivered in a person's home and community.

The Final Settings Rule

The Final Settings Rule was issued in 2014 to enhance the quality of HCBS waivers. CMS outlines 12 settings characteristics that providers must follow to be in compliance with the Settings Rule. They include, but are not limited to, an integrated setting, a setting on the person's choice, and a setting that facilitates the person's independence. As a parent or guardian, it is important that you understand the Final Settings Rule and how it affects your loved one. Understanding the rule will help you and your dependent advocate for their rights and find the support they need.

Person-Centered Support

Every individual receiving HCBS is required to have a person-centered support plan (PCSP). A PCSP will be written during a person-centered planning (PCP) meeting. This will be done with the individual's support coordinator, the individual, and anyone else the person identifies as necessary to be at the meeting (i.e., a guardian, day program manager, DSP, friend, partner, etc.). The PCSP will outline the person's goals, strengths, interests, needs, and wants. As a parent or guardian, it's important to understand your loved one's PCSP and support them to advocate for themselves at home, in the community, at work, etc.



6,348
people received HCBS in
Utah in 2022.

Participation in the
community leads to higher
quality of life.



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HCBS and The Final Settings Rule Resources



Settings Rule (1)



Settings Rule (2)



HCBS

Person-Centered Support Resources



DSPD



LifeCourse Framework



CEI Webinars

Video Resources



Training Manual



Utah Parent Center

