Jennifer Holland embodies the independence the Center for Persons with Disabilities strives to offer people with disabilities in Utah and around the world. She recently talked with the Utah Assistive Technology Program about the difference the right wheelchair can make—like going to the grocery store and having the energy to do her shopping once she gets there.

She received a new-to-her chair through one of the CPD’s programs, which transfers donated and refurbished mobility equipment to people who need them, for a service fee that is usually less than an insurance deductible.

Read more about Jennifer on the UATP blog.