Living Well Workshops:
Courses on managing disability, chronic conditions & pain.
Living Well With Chronic Conditions
Tuesdays May 1-June 5, Logan
Registration: LaDawn, 435.797.7142
To Be Announced: St. George
Living Well With a Disability
Mondays and Thursdays, May 14-June 18, Ogden
Registration: Karen & Kelli, (801) 612-3215
Tuesdays May 15-July 31, Logan
Registration: Options for Independence, (435) 753-5553
Living Well With Chronic Pain
June 4-July 11, Brigham City
Registration: Deanna, (435)723-2171
Registration is required. Workshops are open to people of all ages & abilities. Register or find more information at: www.livingwell.utah.gov.

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