Living Well Workshops:
Courses on managing disability, chronic conditions & pain.

Living Well With Chronic Conditions
Tuesdays May 1-June 5, Logan
Registration: LaDawn, 435.797.7142
To Be Announced: St. George

Living Well With a Disability
Thursdays May 3-July 5, Ogden
Registration: Roads to Independence, (801) 612-3215
Tuesdays May 15-July 31, Logan
Registration: Options for Independence, (435) 753-5353

Living Well With Chronic Pain
June 4-July 11, Brigham City
Registration: Deanna, (435)723-2171

Registration is required. Workshops are open to people of all ages & abilities. Register or find more information at: www.livingwell.utah.gov.