

Pancake Run to Benefit ASSERT

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IHOP will sponsor the 2nd Annual First Dam Pancake Run on Saturday, August 15 to benefit the Autism Support Services: Education, Research and Training (ASSERT) preschool at Utah State University's Center for Persons with Disabilities.

"The First Dam Pancake Run is a great opportunity to participate in a race while supporting the ASSERT autism preschool program," said ASSERT program coordinator Lyndsay Nix. "If you don't want to walk/run in the race, we can still use a lot of volunteers—to help with registration, sell raffle tickets, direct runners, help with the kids' dash, face painting, etc."

All volunteers will receive a FREE IHOP stack of pancakes as well as a FREE event T-shirt. [Volunteer here.](#)

In addition to the 5K and 10K races and the free pancakes, there will be a raffle, face painting, a sack race, a kid's dash, a blue color throw, and more.

To donate directly to ASSERT, or to purchase raffle tickets, visit <https://race-4acause.com/addTable.php>.