

# Hand-Made Valentines to Benefit DSL

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*"Each person deserves a day away in which no problems are confronted, no solutions searched for." # Maya Angelou*

Caring for a loved one with a disability is a labor of love that requires a 24/7/365 commitment. There are never enough hours in the day to tackle the everyday challenges of living with a disability—and fewer still for caregivers to recharge their own batteries.

Respite care at the CPD's Developmental Skills Laboratory means caregivers are able to leave their loved ones in a safe, stimulating environment while they run errands, enjoy a long, quiet walk or indulge in a worry-free and well-deserved nap. Unfortunately, respite care isn't free, and some families just can't afford it. But, thanks to the success of the 2014 Hearts for DSL campaign, we have a solution for that.

It's simple, really. DSL participants are busy making cards for their families, and would love to make extras for you! A \$10 donation brings you a handmade, personalized Valentine. That same \$10 donation provides two hours of respite care for a person with a disability and their loved ones.

If you buy four Valentines for \$40—that's a whole day of respite care—we'll throw in a fifth Valentine as a thank you. Valentines can be personalized with names and/or a special message for your loved one.

To order your handmade Valentines, visit Shane Johnson at the CPD's Main Office or Drake Rasmussen at the DSL (857 N 800 E) and pre-pay with cash or check before 5

p.m. Tuesday, Feb. 10. You can pick up your Valentines at the same location between 8 a.m. and 5 p.m. on Friday, Feb. 13. If you have an office on campus, we'd be happy to deliver them to you on Friday in time for you to give to your loved ones.

(Want to know how much respite care is being funded by the sale of Valentines? You'll see a paper heart in the window of the CPD's main office for every Valentine sold).