

Heidi's Happenings: Giving Thanks and Giving Back

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Participant Reed (left) and DSL program director Drake Rasmussen gather food for the DSL food drive.

Heidi Hill is a guest blogger for the CPD's Developmental Skills Laboratory (DSL), a day program for adults with disabilities. Heidi loves to type and each month she'll be sharing the fun activities that she and her "buds" are doing at DSL.

November was Thanksgiving and Heidi had a birthday! Heidi and her DSL buds did lots of fun things to remember November. We had an awesome Science Day and did many experiments. It was cool and fun. The buds went to the store and gathered many boxes to paint and collect food for the DSL annual food drive. The buds painted about 20 large boxes and for one whole week gathered different food items. We gathered pasta, rice, beans, soup, canned goods, cereal, oatmeal and many other nutritious and delicious food for those who need a little bit of help. All together the DSL buds gathered about 300 pounds of food. Pretty good for there not being a whole bunch of us!

We also went to the movies to see "Big Hero 6" we sure did enjoy that flick.

The Monday before Thanksgiving, Heidi and her buds always celebrate Thanksgiving together as one big family. We had quite the feast! We had turkey, stuffing, gravy, mashed potatoes, cranberries, corn, salad, rolls, and nine pies! We gave thanks for each other, and all of our blessings.