Heidi's Happenings: Busy, busy, busy!

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05/13/2014

Dance Party at DSL!

Heidi Hill is a guest blogger for the CPD’s Developmental Skills Laboratory (DSL), a day program for adults with disabilities. Heidi loves to type and each month she’ll be sharing the fun activities that she and her “buds” are doing at DSL.

Here at the DSL work-site April was busy, busy, busy! First, we all had two extra days off for Spring Break. All the buds really enjoyed their time off! When we got back, there was a class up at the USU campus that came and taught us some different things.

First, we all met at the Hyde Park Community Garden the first Monday in April and we all talked about our favorite fruits and vegetables. Heidi told the new buds that while she really liked bananas and orange juice, she really doesn’t like broccoli. Sometimes Heid’s bud Daurie will try and trick Heid and put broccoli on Heid’s lunch plate, but Heid is too smart for that because mom knows not to give Heid broccoli!

Also our new buds came back and taught us about money. Then Heid and her buds were able to buy pizza and toppings that our new buds had made. Boy, did they ever know how to make delicious pizza! We also had a dance party with them and it was lots of fun!

For our Easter week we colored eggs, went on a scavenger hunt, and to top off the week all the DSL buds went to Pizza Pie Café and enjoyed yummy pizza and salad. We all remembered to use our very best restaurant manners!