

CAC Corner: Is Your Character Showing?

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wondering what you can do to help, stop by and see if there are opportunities to volunteer, or, when you see a person who looks like they could use a moment of your time, stop and ask. You might make a great friend or help someone who could really use it.

Some disabilities have very visible clues, while others do not.

If we happen to see someone who is looking confused or uncertain, chances are we have an opportunity to help someone if we will just take the time to ask them if we can help. The confusion or uncertainty may not be related to a physical or mental disability, but it may be they are in an area they are unfamiliar with.

Either way, stopping to offer help shows our character. Willingness to take time, even if we are in a hurry, is something that lets people around us know what kind of a person we are. One thing I have learned is to not to be surprised at who might stop to offer help. Often people others would judge harshly will stop and offer assistance when we will hurry past.

Too often in our society the biggest disability we see is the social stigma disability or lack of caring disability. Both of these can be very severe disabilities that can become even more pronounced when they surface online. Sadly, they are the kind of disabilities that do not need to exist. They are entirely preventable and can be easily cured.

Society has done a great deal in recent years to change attitudes related to people with disabilities. That progress has not been easy, but it has been worthwhile. There is still work to be done, but at least at this point the conversations are happening that will allow the change to progress

One of the leading organizations in this change in Utah is the Center for Persons with Disabilities. Now, if you are