

Heidi's Happenings: Summer at the DSL

in June! We are enjoying the summer here at DSL Day Program!

Sue Reeves

07/25/2013



Aggie fan CJ gets painted!

Heidi Hill is a guest blogger for the CPD's Developmental Skills Laboratory (DSL), a day program for adults with disabilities. Heidi loves to type and each month she'll be sharing the fun activities that she and her "buds" are doing at DSL.

Summer program got off to a great start on June 3. We have been busy with swimming, doing Common Ground activities, learning how to cook, and going on field trips.

We also made stepping stones and placed them around the planter where the big tree is. After summer program is over, we will leave our stepping stones there so people know we were here!

In June we all went by van from DSL downhill to our hometown library so friends could check out Reading Rainbow DVDs. When Heid and her buds reached the USU campus from the library in downtown Logan, she and her buds gathered round and watched those wonderful Reading Rainbow DVDs.

We also went swimming to the Logan Aquatic Center. Not all of us enjoy swimming, so not everyone goes. Those who did go had a splashing good time.

We enjoyed Spa Day, and put our hands in paraffin and they came out as soft as a baby's bottom! We also made a great Father's Day gift that had great big candy bars and ties on them. We did face painting, and it was so great to see everyone who got painted! We went to the zoo and we made birdfeeders for our feathered friends. We also went bowling, and went to the movie. We had lots of fun