

Heidi's Happenings: Lots of fun with Common Ground

Sue Reeves

08/08/2013



Heidi went up in a hot air balloon!

Heidi Hill is a guest blogger for the CPD's Developmental Skills Laboratory (DSL), a day program for adults with disabilities. Heidi loves to type and each month she'll be sharing the fun activities that she and her "buds" are doing at DSL.

We had one heck of a picnic at Second Dam where we all ate lunch just 'neath those tall trees. We also walked along the curved pathway to see and sniff the flowers. We boarded those two vans and went down to the theater to see this one flick. While we followed each scene, we munched on buttery popcorn. We also tie-dyed our shirts. Then we all went cycling with Common Ground. We also had one weenie roast where we roasted hot dogs.

We also went on one hot-air balloon ride. Heidi could distinctly hear that loud roar that came from the burner that was mounted on the hot air balloon's frame. All of the people which were on land looked high up. They shielded their eyes from the sun. Then they listened and watched

as those balloons soared high up over the land. Then as the riders looked down over the gondola's rim they could see land far below. They surely had one terrific balloon ride that day!

Daurie adds: Summer program keeps rolling right along!

In July we swam every Monday, had a 4th of July picnic, and did cycling, canoeing and rock climbing with Common Ground. We also went to the movies to see "Epic: had a far out science day where we made lava lamps, oozing volcanoes and tie-dyed milk! We also went to the Common Ground Celebration but only one of us got to ride on the hot air balloon because it ran out of gas! Oh Well! We are looking forward to the two and a half more weeks of Summer Program. Where did the summer go?