

Learn the Signs. Act Early. (LTSAE)

CDC's "Learn the Signs. Act Early." program encourages parents, health care professionals, and early childhood providers to celebrate and learn about healthy child development, monitor every child's development, and act early if there is a concern. The program offers a variety of free materials to make developmental monitoring practical and easy.

For a list of all LTSAE's free materials, visit <https://www.cdc.gov/ncbddd/actearly/index.html>
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Check out a few of the new materials to share with families, on social media sites, with partners, or for you to learn more about development!



1 year

CDC's Learn the Signs. Act Early Milestones in Action Photo and Library is now available in English! The long awaited Milestones in Action photo and video library is now available in English (Spanish coming soon) Milestones in action provides parents and caregivers with videos to understand the developmental milestones that children should reach from 2 months to 5 years of age.

As an early care and education provider, you play a critical role in the health and wellbeing of children. You are also very well positioned to help identify children who might need extra help in their development. This FREE, online training course, Watch Me! Celebrating Milestones and Sharing Concerns, helps you fulfill this role by providing tools and best practices for monitoring the development of children in your care and talking about it with their parents

The Watch Me! Training focuses on:



Why monitoring children's development is important

Why you have a unique & important role in developmental monitoring

How to easily monitor each child's developmental milestones

How to talk with parents about their child's development